

Choice Academies January Lunch Menu 2022

This Institution is an equal opportunity provider

Grab & Go	Monday	Tuesday	Wednesday	Thursday	Friday
Grab & Go items are for JP and Staff only. Week 1: Soup: Stuffed Pepper	3 No School	4 Chicken Taco Salad (A) Cheese Quesadilla (B) Peas & WW Tortilla Fruit	5 Grilled Cheese/ WW Bread (A & B) Fries Broccoli Fruit	6 Sloppy Joe w/ WG Bun (A) PBJ (B) Potato Wedges Mixed Veggies Fruit	7 Pepperoni Pizza(A) Cheese Pizza (B) Tossed Salad Fruit
Week 2: Soup: Chili w/ Cornbread	10 WG Pancakes w/ Pork Sausage (A) WG Pancakes w/Scrambled Eggs (B) Fruit	11 Chicken Fajita (A) Cheese & Broccoli Quesadilla (B) WW Tortilla Spanish Rice Fruit	12 Salisbury Steak w/ Gravy (A) PBJ (B) Mashed Potatoes Green Beans Fruit	13 Popcorn Chicken w/ Mashed Potatoes & Gravy (A) Grilled Cheese w/ Mashed Potatoes (B) Corn Fruit	14 Pepperoni Pizza (A) Cheese Pizza (B) Tossed Salad Fruit
Week 3: Soup: Broccoli & Cheese	17 No School 	18 Orange Chicken w/ Stir-fry Veggies (A) Chickpea & Stir-fry Veggies (B) Rice Fruit	19 Cheeseburger/Hamburger (A) PBJ (B) Pasta Salad Fruit	20 Creamy Chicken & Rice (A) Garden Veggies & Rice (B) Chickpea & Bean Salad Fruit	21 Pepperoni Pizza(A) Cheese Pizza (B) Tossed Salad Fruit
Week 4: Soup: Cream of Potato	24 Chicken Nuggets & WG Waffles (A) WG Waffles & Scrambled Egg (B) Fruit	25 Beef Taco Salad(A) PBJ (B) Spanish Rice, carrots WG Tortilla Fruit	26 BBQ Pulled Pork/WG Bun (A) Fries, Peas Vegetarian Sandwich w/ Cucumber, lettuce, tomato (B) Fries, Peas Fruit	27 NEW ITEM Asian Style Grilled Chicken Strips (A) Vegetarian Meatballs in Tomato Sauce (B) Brown Rice & Carrots Fruit	28 Pepperoni Pizza(A) Cheese Pizza (B) Tossed Salad Fruit
Week 5: Soup: Cheesy Cauliflower	31 Breakfast Burrito w/Pork Sausage, Scrambled Eggs & Cheese (A) Breakfast Burrito w/Scrambled Eggs & Cheese (B) Hashbrowns & Fruit				
	WG: Whole Grain PBJ: Peanut Butter & Jelly Sandwich Meat Entrée (A) Vegetarian Entrée (B) Fresh Salad & Fruit Daily	If you have any questions regarding the Food Service Program, you may contact Caprice Preston at (602) 938-5517, ext. 106 or email at cpreston@choiceacademies.org	Students from K-8 have a choice of 1% white or non-fat chocolate milk. Pre-K students are served 1% white milk only	Free and Reduced Applications are available in all school lobbies Adult meals: \$4.00 Child paid meals: \$3.25 Reduced price meals: \$.40	The USDA and the Trump Administration have provided the means for all schools to provide a free lunch to ALL students for the remainder of the school year.